

Table 1. Clinical trials of iNO in adult cardiac surgery.

| CITATION | STUDY DESIGN | N | SETTING | COMPARISON | MEASURES | PRIMARY RESULTS | SAFETY |
|---------------------------------|--------------------------|----|--|--|--|--|--|
| Schmid E et al.[19] | Randomized cross-over | 14 | severe pulmonary hypertension (PH) after cardiac surgery | iNO (40 ppm), IV prostaglandin E1 (PGE1), IV nitroglycerin (NTG) | Pulmonary vascular resistance (PVR), cardiac index (CI), right ventricular ejection fraction (RVEF) | With iNO, IV PGE1, IV NTG all decreased PVR and increased CI. PGE1 increased RVEF, while NTG had no effect on CI and RV performance. | Median methemoglobin (methHB) levels significantly increased from 0.64% to 1.06% with iNO. Maximal methHB was 1.55%. NO ₂ levels of 2.4 ppm (95% CI: 1.8, 4.2) were detected. In one patient peak NO ₂ was 6.4 ppm. No adverse effects due to iNO were observed. |
| Solina AR. et al. [20] | Randomized | 45 | cardiac surgery with PH | 40 ppm iNO vs 20 ppm iNO | heart rate (HR), RVEF, PVR, requirement for pressors | iNO (20 or 40ppm) had lower HR, higher RVEF and lower vasopressor requirement vs IV milrinone, given at separation from CPB | No adverse events, serious adverse events or deaths were noted |
| Solina AR. et al. [21] | Randomized | 62 | cardiac surg with PH | INO doses vs milrinone | HR, mean arterial pressure (MAP), PVR, peripheral VR (periphVR), CI, RVEF | iNO was associated with significant reductions in PVR in all groups. iNO at 10, 20, 30, 40 ppm showed no difference in PVR response between doses and vs milrinone | No adverse events, serious adverse events or deaths were noted |
| Gianetti J . et al. [22] | Randomized | 29 | Aortic valve replacement + CABG surgery | iNO or no | Creatine kinase, creatine kinase MB fraction (CKMB), troponin, brain natriuretic peptide (BNP), P-selectin | iNO 20ppm can blunt release of markers of myocardial injury, antagonize LV dysfunction after CPB vs placebo | No adverse events documented in either group |
| Fattouch K, et al. [23] | Double-blind, Randomized | 58 | Mitral valve surgery | iNO, inhaled prostacyclin (i-PGi2), nitroprusside (NTP) | PAP, PulmVR, transpulmonary gradient, cardiac output (CO) | iNO as effective in treating PH as i-PGi2. Both inhaled treatments superior to NTP. | One patient died in surgery due to right ventricular failure (RVF) (randomized to, but did not get iNO); 1 patient needed a biventricular assist device because of RVF; 2 patients had massive bleeding requiring re-exploration; 2 patients died of multi-organ failure (groups for these patients not stated). |

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| Lei C, [28] | Randomized | 244 | elective, multiple valve replacement surgery, mostly due to rheumatic fever | iNO (80 ppm) through CPB circuit during surgery, then iNO for 24h post-op, compared with nitrogen gas | Incidence of AKI within 7 days of surgery; secondary outcomes: development of stage 3 CKD, loss of 25% of eGFR compared with baseline, and MAKE (composite outcome of loss of 25% of eGFR from baseline, end-stage renal disease requiring a continuous renal replacement therapy, and mortality) at 30 days, 90 days, and 1 year after ICU admission. | Significantly fewer patients in the iNO group developed AKI within 7 days of surgery compared with the control group (intention-to-treat analysis: 50% vs. 64%; RR, 0.78; 95% CI, 0.62–0.97; P = 0.014; 50% vs. 63%; RR, 0.78; 95% CI, 0.62–0.99; P = 0.022. In addition, transition to stage 3 CKD, and MAKE at 30 days, 90 days, and 1 year. | iNO dose was never reduced for safety concerns. Continuous measurement of NO ₂ was always <1 ppm in all patients with iNO treatment. Plasma Met-Hb significantly increased from baseline to the end of CPB with iNO; significantly higher at the end of CPB (P< 0.001), 0 hours (P<0.001), 6 hours (P<0.001), and 24 hours after ICU admission (P<0.001) compared with the control group. The highest value of Met-Hb measured in the iNO group was 9.3%, and no patient exceeded 10% Met-Hb at any time. There were no AEs, complications, or other organ dysfunction associated with the use of iNO. |
| Kamenshchikov N et al. [29] | Randomized | 96 | Cardiac surgery requiring CPB in patients with moderate risk of renal complications | NO (40 ppm) through bypass circuit for the entirety of CPB period, vs usual care | Incidence of AKI, urine output during CPB, urinary neutrophil gelatinase-associated lipocalin level, concentrations of NO metabolites, concentrations of proinflammatory and anti-inflammatory mediators, free plasma hemoglobin | NO was associated with a significant decrease in AKI incidence (20.8% vs 41.6%; RR, 0.5; 95% CI, 0.26-0.95; P = 0.023), and among NO patients, a higher median UOP during CPB and lower median urinary neutrophil gelatinase-associated lipocalin level at 4 hours after surgery. Levels of pro- and anti-inflammatory mediators and free plasma hemoglobin did not differ between the 2 groups. | No adverse events or organ dysfunctions were associated with NO administration. Postop complications were similar in the 2 groups. |

AE=adverse events, BP=blood pressure, CABG=coronary artery bypass grafting. I=cardiac index, CO=cardiac output, CPB= cardiopulmonary bypass, CVP=central venous pressure, FiO₂=fraction of inspired oxygen; HR=heart rate, iNO=inhaled nitric oxide, i-PGi2=inhaled prostacyclin, LAP=left atrial pressure, MAP=mean arterial pressure, methHB=methemoglobin, MPAP=mean pulmonary arterial pressure, NO₂=nitrogen dioxide, NTP=nitroprusside, PCWP= pulmonary capillary wedge pressure, PH=pulmonary hypertension, PGE1=IV prostaglandin E1, ppm=parts per million, PVR=pulmonary vascular resistance, PVRI= pulmonary vascular resistance index, RVEF=right ventricular ejection fraction, SVRI=systemic vascular resistance index, UOP=urinary output, V/Q=ventilation/perfusion